FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Caulfield John						2. Issuer Name and Ticker or Trading Symbol ARBOR REALTY TRUST INC [ABR]										ationship of Reporti k all applicable) Director Officer (give title		10% Ow		ner
	BOR REA) (I Y TRUST, IN TON BLVD., S		900	3. Date of Earliest Transaction (Month/Day/Year) 03/08/2020										below) below) COO, Agency Lending				
(Street) UNIONI (City)		NY State		1553 Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)										dividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
				I - No	1		_			uired	, Dis	posed of				1				
Date					2. Transact Date (Month/Day	Execution Da			Date,	3. Transa Code (8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			4 and Securi Benefi Owned		ies cially Following	Forr (D) c	m: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership
					Code	v	Amount	(A) (D)	or Pr	ice	Report Transa (Instr. :	ed ction(s) 3 and 4))		(Instr. 4)					
Common Stock, par value \$0.01 per share 03/09/2						020				A		27,297	A		(1)	15	54,691		D	
Common Stock, par value \$0.01 per share 03/09/2					2020				F ⁽²⁾		4,456	D	\$	10.99	15	50,235		D		
Common Stock, par value \$0.01 per share 03/09/2						2020				F ⁽²⁾		3,753	D	\$	10.99	146,482			D	
Common Stock, par value \$0.01 per share 03/08/2						2020				F ⁽²⁾		3,865	D	\$	12.09	14	142,617		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Gecurity or Exercise (Month/Day/Year) if any			4. Transa Code (8)	(instr.	of Deriv Secu Acqu (A) o Dispo	r osed) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (In	Price of rivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

- 1. Shares of common stock par value \$0.01 per share of Arbor Realty Trust, Inc. (the "Company") granted pursuant to the Company's 2017 Omnibus Stock Incentive Plan. One third vest on the date of grant, one third vest in one year and one third vest in two years.
- 2. Represents shares that have been withheld by the Company to satisfy tax-withholding obligations in connection with the vesting of common stock.

/s/ John Bishar, Attorney-in-Fact for John Caulfield

03/10/2020

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.